



# November 2020

November brings all the fall feels, Thanksgiving, and even a few National Days that may take you by surprise. Let's look at some fun ones.

**November 1, 2020**

## **National Cook for Your Pets Day**

What's a better way to show your fur baby some love than a homecooked meal that surely tastes better than any kibble out there. Dogs and cats alike love lean meat, hearty vegetables, and some sweet berries.

**November 4, 2020**

## **National Stress Awareness Day**

We could all use a little stress relief. Self care like a walk in the fresh Fall air or a nice hot bath is a great way to destress from all the things that go along with November and the holidays.

**November 7, 2020**

## **National Bison Day**

Bison are an often misunderstood mammal. They are large and in charge, but they are also endangered. These large and furry mammals deserve some attention and awareness.

**November 13, 2020**

## **World Kindness Day**

A little bit of kindness can go a long way. Even a bright smile can warm someone's cold day. Never underestimate how your attitude and behavior can impact even a stranger.

**November 27, 2020**

## **Floss Day**

After a long day eating delectable foods that often get stuck in your teeth, Floss Day is here to save the day. Whip out your best dental hygiene tools and give your mouth a little extra TLC for all the chewing and talking it did on Thanksgiving.